Wednesday, September 20, 2017

OBJ: SWBAT perform an initial assessment on an unconscious victim

SWBAT apply unconscious assessment skills to all ages and sizes

SWBAT perform proper chest compressions

AGENDA:

1. Current Event
2. Review Conscious Choking Care
3. The Unconscious Victim
4. ABC’s
5. Chest Compressions
6. Guided Practice

UNCONSCIOUS VICTIM

1. Check the Scene
2. Tap and Shout (Check the victim)
3. Call 911
4. ABC’s
   1. A = Airway – tilt the head back
   2. B = Breathing – Ear to nose and mouth, look at the chest
   3. C = Circulation – Check Pulse in neck for Adults and Children, in arm for Infants
5. If Breathing, place on side and wait
6. If not breathing, perform chest compressions
7. Chest compressions
   1. Two hands for adult
   2. Straight down on CENTER of chest
   3. Speed = 100 Per minute
   4. Depth = 2 inches down, 2 inches up (FULL RECOIL)
   5. Hands stay on chest the whole time